



PAMA

Performing Arts
Medicine Association

Abstract Guidelines

The Annual PAMA International Symposium is designed to meet the research and practice needs of physicians, therapists, athletic trainers, educators, artistic directors, and other health care and performing arts professionals who seek to improve the well-being of performing artists.

All professionals and students are encouraged to submit an abstract. Submissions are not restricted to PAMA members.

We encourage the submission of a wide variety of evidence informed abstracts including those that are research or educational in nature (state of the art/science, evidence review and clinical updates) as well as proposals for workshops and panels. Please review the abstract worksheet (available for download on the PAMA website) prior to beginning your submission. Abstracts submitted to PAMA will undergo a blind review by the Research and Education Committees.

Important Information for Authors and Co-authors:

- All accepted abstract authors and co-authors will be required to complete a Conflict of Interest Reporting Form and will be required to submit a bio.
- All abstract submissions are limited to FOUR (4) co-authors. For accepted abstracts - if you have additional individuals that you would like to recognize for their contribution, you will have the opportunity to add them to your “acknowledgments” section of your final abstract.
- All accepted abstract presenters will be required to pay the symposium registration fee and provide their own travel/accommodations.
- The scheduling of accepted abstracts will be determined by the symposium committee and cannot be changed.
- All abstracts accepted for a poster presentation will be automatically entered in to the poster competition and will be eligible for a prize. An early electronic file, in PDF format, will be requested from poster authors one month prior to the symposium date for initial content evaluation for the competition.

- All presenters of an oral, workshop, or panel presentation will be required to submit any PowerPoint or video material they will be using during their presentation one month prior to the symposium date for initial evaluation of credit determination.

Important Points about Your Abstract:

- An author can be the **first (submitting) author on only ONE abstract**. An author can be a co-author on an unlimited number of abstracts.
EXCEPTION: An author may submit two abstracts if one is for an oral/poster presentation and the other is for a workshop.
- Submissions will only be accepted via the form submission system. You must select the appropriate type of abstract you are submitting. See "**Select your submission type**" below.
- The abstract should be "blinded"; that is, nowhere in the body or title of the abstract should any author's name or institution be identified. **See complete blinding instructions below.**
- **PAMA will not accept any abstract that contains, or may be interpreted as, an attempt to promote or sell any specific company, product, or service. Prior to submitting your abstract, you will be required to acknowledge this information.**
- Explain exactly WHAT you will present. It is not sufficient to say that "The results of this study will be presented." or "Information will be presented." If your data/results will not be available by the general abstract deadline (November 1) but are expected to be in hand by March 15, 2026, please follow the 'Late Breaking Abstract' procedure described below.
- The content of the abstract must **NOT** exceed 350 words. This is the TOTAL of all sections of the abstract but does not include the title of the abstract. There are many word processing programs that will provide a word count. You may download a "worksheet" (available on the PAMA website) to begin working on your abstract submission. Once you are ready to submit, click the appropriate link on the PAMA website to begin. The content of your abstract MUST be entered (or copied from your worksheet and pasted) in to the appropriate field in the submission form.
- Please note that offers to present at the Symposium will be made according to the type of presentation which will best fit the content described in your abstract, with no 'hierarchy' of presentation types considered by the Symposium Committee.

DO NOT include: illustrations, tables, references, authors' biographical information. If your abstract is accepted you will have the opportunity to expand your original submission to include more information, references, etc.

Presentation Length:

Research Oral Presentation - 12 minutes for the presentation with an additional 3 minutes reserved for Q & A (total of 15 minutes).

Education Oral Presentation - 12 minutes for the presentation with an additional 3 minutes reserved for Q & A (total of 15 minutes).

Workshop Presentation - 30 minutes for the presentation followed by 30 minutes of interactive session (total of 60 minutes).

Panel Presentation - 60 minutes to be divided amongst panelists by the panel moderator.

Poster Presentation - Displayed in poster area on assigned day. Presenters will be available to discuss their findings during each of breaks (minimum 15 minutes/break).

Select your submission type:**Research**

The RESEARCH abstract submission is designed for works that are primarily hypothesis driven and involve data collection, intervention, and an analysis or synthesis of data based on your hypothesis. This research can be in any of the scientific disciplines including but not limited to basic research, applied research, clinical research, and descriptive science research. Studies using robust qualitative inquiring methods are also appropriate for this type of submission.

Education

The EDUCATIONAL abstract submission is designed for projects that focus on teaching or informing the audience of a problem or concept related to an artistic discipline. Also, works that are case studies or case series should be submitted using this educational submission format.

Workshop

The WORKSHOP abstract submission is designed for projects that focus on teaching or informing the audience of a problem or concept related to an artistic discipline in an interactive manner. Workshops are meant to be an interactive lecture with live demonstration or audience participation. **Authors are to strive toward 50% interactivity for the time allotted.**

Panel

The PANEL abstract submission is designed for either research or educational based projects. A panel will consist of one panel chair and three panelists. All four of these individuals (panel chair, panelist 1, 2, and 3) **MUST** be different people and be identified on the abstract submission at the time you submit your abstract. Failure to identify all four individuals will result in a disqualification of your abstract.

This abstract submission type requires an abstract of 350 words max. The submitting author is responsible for entering ALL abstract submission information. Incomplete submissions will not be considered. Please use the worksheet to ensure you have all required information before proceeding with this submission. A limited number of panel presentations will be accepted.

Blinding of Abstracts

The abstract should be “blinded” (i.e. all information that can identify any author or an author’s institution should be omitted from the abstract, including names of where the study was conducted).

How to ensure your abstract is blinded:

1. Do not include any authors' information including information about their credentials, specialties, and institutions. Any author's name and biographical information should not be included in your abstract. Authors' institutions cannot be named but can be vaguely described (e.g. "a tertiary medical center" or "a large university dance program in a major metropolitan area").
2. Do not use the name or the location of the group you are studying. However, a general description of the location or type of group is acceptable, such as "a large group of dancers in an elite university graduate program."

Example:

Not blinded (do not submit): As an orthopedic surgeon specializing in ankle injuries, Dr. Smith will be presenting a case series of surgically repaired ankle injuries from the NYU dance program....

Blinded (suitable to submit): A retrospective case series of ankle injuries from a university dance program in a large metropolitan city will be presented to highlight important aspects of surgical care provided at a tertiary medical center.

DEADLINES

Abstract submissions will be due **November 1, 2025**. There will be no extensions granted. The abstract submission system will close automatically at 11:59 p.m. (ET) on November 1, 2025.

Late Breaking (UPDATED): A limited number of oral and poster presentation slots for RESEARCH or EDUCATIONAL presentations ONLY will be reserved for 'Late Breaking Abstracts'. These are abstracts for which relevant data/results are expected to become available in the time period between November 1st, 2025 and March 15th, 2026. NEW THIS YEAR: A provisional abstract containing the Rationale, Purpose, and Methods/Approach **must be submitted** by the November 1st, 2025 deadline; please select the 'Results/Conclusions to be submitted by March 15th, 2026 Late Breaking Deadline' option in the online form. Provisional offers to present abstracts with late breaking results/data will be extended in January for planning purposes, contingent on satisfactory results/data and conclusions being submitted by the March 15th, 2026 Late Breaking Deadline.

Questions: Please contact us if you have questions:

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