

Thursday 18th July (Note: Both Plenary Sessions will be recorded and available to attendees for 1 month post symposium)

7.30 – 8.30	Symposium Registration				
8.30 – 9.00	Welcome – Jason Hu, PAMA President; Hara Trouli, Claire Cordeaux, H. Steven Sims (Symposium Co-chairs)				
9.00 – 10:00	DANCE KEYNOTE - Sharon Watson, MBE, DL – CEO and Principal, Northern School of Contemporary Dance				
10.00 – 10.30	COFFEE BREAK				
10.30 – 12.00	PLENARY 1 - MENTAL HEALTH		PLENARY 2 - VOICE		
10.30 – 10.45	Theory Colliding with Practice: Everyday decision-making and resilience building at a center devoted to performers' biopsychosocial health, TGR The Green Room – Heather O'Donnell, MSc		The Role of Physiotherapy as Part of a Multidisciplinary Team (MDT) Approach to Vocal Rehabilitation and Care of the Professional Voice – Genevieve Tawiah, BSc		
10.45 – 11.00	Evaluating the Impact of an Artist-centered Psychotherapy Training Elective in Family Medicine – Shelly-Anne Li, PhD		Return to Vocal Performance Following Vocal Fold Surgery – Lucian Sulica, MD		
11.00 – 11.15	Personal Experiences and Formal Diagnoses of Mental Health Disorders among Music Professionals Before and During Career – Jeordie Shenton, MSc		Exploring the Ethical Value of the Singing Voice Rehabilitation Specialist in a Multidisciplinary Voice Clinic Team – Jenna Brown, MSc		
11.15 – 11.30	Group Vs. Solo Performers: Care Seeking Behaviors – Nathan Hollister, MD		Effects of Singing on Physical and Mental Symptoms and Quality of Life in Post COVID Patients – Anke Steinmetz, MD		
11.30 – 11.45	Leveraging Emotional Intelligence: A Cornerstone for Wellness and Peak Performance – Christoph Wagner, DMA		Perceived Impact of COVID-19: Associated breathlessness on physical aspects of voice quality in singers – Grace Madueke, MBBS		
11.45 – 12.00	Music Performance Anxiety and the Teaching Studio: From Practice to Performance - Isabella Mazzarolo, PhD				
12.00 – 12.30	Alice G. Brandfonbrener Young Investigator Award Sustained Musical Engagement Through Increased Mental and Health Literacy and Reduced Cognitive Load in Musicians – Julia Clearman, Psy.D, MA, BM				
			WORKSHOP	WORKSHOP	WORKSHOP
			11.00 – 12.00 Sounds Good - Hearing Conservation Strategies and Risk Mitigation for Performing Artists - Finola Ryan, MBBS	11.00 – 12.00 Dissecting the Arabesque for Efficient, Coordinated, and Aesthetic Movement – Moira McCormack, PhD	11.00 – 12.00 Finding the Balance Between Hip Mobility and Stability through Complementary Training with a Resistance Loop - Teal Darkenwald, MFA

Thursday Continued

12.30 – 13.30	PANEL: Improving the Health of the Music Workforce – What can industry do? Jane Dyball, BA, Panel Chair; John Smith, MA; Peter Leathem, BA; Sriskantharajah Arun Castro, MD, MPH	
13.30 – 14.30	LUNCH & Travel to Field Visits	
15.00 – 17.00	Field Visits (Sign-up Required) <ul style="list-style-type: none"> • Performance Lab at the Royal College of Music • Royal Society of Musicians • Royal Albert Hall • Trinity Laban Conservatoire of Contemporary Dance • National Centre for Circus Arts • Health Suite at the Royal Ballet (Royal Opera House) 	
18.00	BAPAM Anniversary Reception – Royal College of Music	

Friday 19th July *(Note: Both Plenary Sessions will be recorded and available to attendees for 1 month post symposium)*

7.30 – 8.30	Registration Desk Open	Morning Meetings – Development Committee; Membership Committee; Small Business Network				
8.30 – 8.45	Announcements - Hara Trouli, Claire Cordeaux, H. Steven Sims (Symposium Co-chairs); UCL Faculty Dean Welcome					
8.45 – 10.00	Plenary 1 - MUSIC	Plenary 2 - DANCE				
8.45 – 9.00	The Relationship between Pain Level, Function, Muscle Strength and Manual Dexterity in Violin Players – Ebru Kaya Mutlu, PT	Health Care Seeking Behavior of Contemporary Dance Students, in Relation to their Physical and Mental Health – Larissa Plaatsman, MSc				

Friday Continued

9.00 – 9.15	Ultrasound Findings of 184 Upper-string Players with PRMD – Daniel Chiung Jui Su, MD	Coming full circle: An Insight into the Process of Designing and Implementing a Health and Fitness Support Programme for Dancers – Scott Sinclair, MSc		WORKSHOP 9.00 – 10.00 When research meets the real-world: Exploring scenarios, challenges and solutions for collaboration and culture change in research and performing arts settings – Liliana Araujo, PhD; Peter Garden, BA	WORKSHOP 9.00 – 10.00 Elastic Taping Techniques to Prevent and Manage Common Upper Extremity Performance Related Musician Injuries – Aviva Wolff, OT	WORKSHOP 9.00 – 10.00 Acquiring Resilience through Embracing Vulnerability: Two key practices for recovering professional empowerment for performance – Mark Seton, PhD	WORKSHOP 9.00 – 10.00 Uses of AI in Performing Arts Health: A Workshop – Kris Chesky, PhD
9.15 - 9.30	Body Mapping-Informed Pedagogy in the Beginning String Classroom: A Quantitative Investigation - Noelle Rader, DMA	Self-reported Health Problems of 147 Professional Dancers from Six Opera Houses or State Theatres at the Beginning of the Season – Anja Hauschild, MD					
9.30 – 9.45	Group Medical Examination of Professional Pianists' Hands by Medical Team in Japan – Aya Kanazuka, MD	Building an Ensemble: Integration of Performing Arts Medicine into Studio Culture – Daniel Scheid, PT, DPT; Holly Scheid, BM; Darcy Lei, DO					
9.45 – 10.00	When Hand Size and Piano Keyboard Don't Match: Medical, Professional, and Personal Implications – Barbara Lister-Sink, EdD	Functional Performance Tests in Professional Ballet Dancers: Gender specific differences – Tabea Arens, MSc					
10.00 – 10.15	COFFEE BREAK						
10.15 – 11.15	GUEST ARTIST SPEAKER - Dame Evelyn Glennie – 'In Conversation' with Dr Finola Ryan						
11.15 – 12.45	Plenary 1 - MUSIC	Plenary 2 - DANCE					
11.15 – 11.30	Beyond "Dystonia": A Grounded-Theory Study of Musicians with Embouchure Syndrome – Xenos Mason, MD	An Ounce of Prevention - How Targeted Sequential Corrective Exercises Can Potentially Prevent Back Injury in Dancers – Marilyn Miller, BA					

Friday Continued

	Plenary 1 – MUSIC continued	Plenary 2 - DANCE continued	POSTERS				
11.30 – 11.45	Can Musician's Focal Dystonia be prevented? Evidence from risk and triggering factors. – Anna Détári, PhD	A Multidisciplinary Approach to Low Back Pain in Dancers – Rosa Pasculli, MD; Amanda Blackmon, PT, DPT; Emma Faulkner, PT, DPT	11.30 – 12.45 POSTER PARADE SESSION 1				
11.45 – 12.00	Musician's Dystonia - a Network Disorder: Past, present and future – Johanna Doll-Lee, MD, MMus	The Foot of the Matter: Metatarsalgia in Dancers – Kristina Quiroigico, MD; Jessalynn Adam, MD	General & Education	WORKSHOP 11.45 – 12.45	WORKSHOP 11.45 – 12.45	WORKSHOP 11.45 – 12.45	
12.00 – 12.15	Retraining Skilled Musicians' Dystonic Symptoms using Mindfulness Meditation and Harnessing Neurophenomenology – Sang-Hie Lee, PhD	Epidemiology of Athletic Health Problems Reporting to Clinicians at 2021-2023 Breaking Competitions – Scott Lee, DPT		Special Considerations for Management of Performing Artists Presenting with Dysphonia – Eleftheria Iliadou, MSc, PhD; Ruth Epstein, PhD Cert MRCSLT; John S Rubin, MD FRCS FACS	Managing Performance Anxiety: Helping Performers Reach their Artistic Potential – Leslie Bickle, Adv. Dip.	Exploring U.S. Healthcare Data (Claims and EMR) and its Application to Performing Arts Medicine Research – Randall Dick, MS; Lauren Elson, MD	
12.15 – 12.30	Exploring Musicians' Focal Dystonia Awareness and Health Discourse in One-to-One Conservatoire Teaching: A Comparative Survey Analysis – David Gardner, MA	Differences in Performance and Kinetics of a Dance Knee-Drop Landing, following a Verbal Cueing Intervention – Laura Flanagan, MSc					
12.30 – 12.45	Musician's Focal Dystonia: The role of the educator – Penelope Roskell, BMus						
12.45 – 13.45	LUNCH	Meetings – Education Committee; International Performing Arts Medicine (IPAM); YP Mentorship & Networking					
13.45 – 15.15	Plenary 1 - MUSIC	Plenary 2 - DANCE					
13.45 – 14.00	Patterns of Embouchure Muscle Activity in French Horn Players – Alan Watson, BSc, PhD	Training Strength & Neuromuscular Control in Physical Performers Using Principles from Contact Improvisation & Strength Training – Mike Doolan, BA, MFA, MSc					

Friday Continued

			POSTERS				
14.00 – 14.15	The Association between Respiratory Symptoms and Instrument Hygiene in Wind Players – Hans-Christian Jabusch, MD	Taping, Padding, and Shoe Modifications Techniques for Dancers and Performers – Emma Faulkner, PT, DPT, OCS	14.00 – 15.15				
			POSTER PARADE SESSION 2	WORKSHOP	WORKSHOP	WORKSHOP	WORKSHOP
14.15 – 14.30	Body Awareness of the Orofacial Area in Wind and Brass Instrumentalists with and without Orofacial Problems. An Observational Study – Sarah Lesjak, MSc	Hop Tests for Dancers: Standard assessment, interpretation and practical implication for training – Martha Richter, PT	Music & Dance	14.15 – 15.15	14.15 – 15.15	14.15 – 15.15	14.15 – 15.15
14.30 – 14.45	The Embouchure Project: A Community-Based Advocacy, Education, and Research Organization – Gabriel Radford, BMus, MBA	Dance-specific Aerobic Fitness Test and Lower-extremity Injuries: Could we predict injury risk? Annemiek Tiemens, DPT, BFA, MA		Performing Arts Medicine and Science Pedagogy: A dialogue on developing thoughtful and relevant curriculum - Jill Descoteaux, PhD, ATC; Catherine Haber, MSc, MAS, FHEA; Liliana Araújo, CPsychol, SFHEA; Hara Trouli, MD; Manuela Angioi, PhD, SFHEA, FIADMS	Trauma Informed Care for the Performing Artist – H. Steven Sims, MD	Warm-up and Cool Down for Musicians, with Consideration for the Hypermobile Musician – Sarah Jane Carlton, PT, DPT, MFA; Susanne Callan-Harris PT, MS	Translating Research in Performing Arts Medicine: Effective Strategies for Applying Research to Practice - Shelly-Anne Li, PhD; J. Matt McCrary, PhD; Jeffrey Sabo, MA; Katerina Vardonikolaki, MD, PhD
14.45 – 15.00	Wind Instrumentalists and their Respiratory Muscles: An International Survey – Bronwen Ackermann, BSPT	Organizing Proprioception, Balance and Foot Loading in Dancers with Hypermobility and Spinal Asymmetry – Suzanne Martin, DPT, BFA, MA					
15.00 – 15.15	Health and Wellness in the University Marching Band: A Systematic Review of the Professional Literature – Michael Thrasher, DMA	Associations between Body Awareness, Body Trauma and Joint Hypermobility in the Context of Dance – Wendy Timmons, B Phil, PhD					
15.15 – 15.30	COFFEE BREAK						
15.30 – 16.30	LEDERMAN LECTURE Movement Disorders in Musicians - Professor Mark Edwards						
16.30 – 17.30	PANEL: The Psychological Impact of Fame – Susan Raeburn, PhD, Panel Chair; Tamsin Embleton, MA; David Giles, PhD; Philip Selway	PANEL: Behind the Scenes: The Challenges of Providing Medical Coverage and Advocating for the Performing Arts Industry – Yein Lee, DO, Panel Chair; Stephen Fung, DO; Courtney Klimson; Niña Tamayo, DO, MS, MPH					

Friday Continued

18.00 – 19.15	Participants Performance
19.15 – 20.30	Welcome! PAMA Attendee Reception

Saturday 20th July *(Note: Both Plenary Sessions will be recorded and available to attendees for 1 month post symposium)*

7.30 – 8.30	Morning Meetings – Research Committee; Professional Standards and Behavior Committee				
8.00 – 8.30	Registration Desk Open				
8.30 – 8.35	Announcements				
8.35 – 8.45	Athletes And The Arts Update – Randy Dick				
8.45 – 10.00	Plenary 1 - MUSIC	Plenary 2 - DANCE			
8.45 – 9.00	Health Education for Tertiary Music Students: A longitudinal cohort study – Bridget Rennie-Salonen, PhD	Low Energy Availability is Associated with the Occurrence of Injury and the Development of Pain in Latin and Standard Dancers - Cornelia Hartinger-Scheiner, MSc			
			WORKSHOPS	WORKSHOPS	WORKSHOPS
9.00 – 9.15	Partners in Translation: Developing health education resources for instrumental and vocal music teachers – Suzanne Wijsman, DMA	Relative Energy Deficiency in Dance (RED-D): A consensus method approach to REDs in dance – Matthew Wyon, PhD	9.00 – 10.00 Are we missing the point? Trigger point referral patterns mimicking common cervical and upper extremity diagnoses in musicians – Amanda Blackmon, PT, DPT; Emma Faulkner, PT, DPT	9.00 – 10.00 Evolving Integrative Wellness Programs: Combining Approaches to Foster Performer Health and Success – Matthew Tomatz, MA, MM, BM; James Brody, MM, BM	9.00 – 10.00 Vocal Zebras – Identify, Diagnose and Treat with Vocal Maneuvers, Multidisciplinary Collaboration and Singing Habilitation Techniques– Lucinda Halstead, MD; Deanna McBroom, MM; Jill Terhaar Lewis, DMA
9.15 - 9.30	Actioning a Healthy Settings Approach for Musicians' Occupational Health Education – Alison Evans, PhD; Bridget Rennie-Salonen, PhD	Exploring an Intuitive Eating Framework for University Dancers: A Research-based Pilot Study – Jackson Haborak, BFA			

Saturday Continued

9.30 – 9.45	Take the leap! Using a whole-system and applied performance sciences approach to developing a healthy campus, promoting wellness, and optimizing performance in higher music education. – Liliana Araujo, PhD; Isabelle Cossette, DMus	Conformity, Communication and the Influence of Social Media on Dancers and Eating Disorders – Dawn Smith-Theodore, MA		Workshop Continued	Workshop Continued	Workshop Continued
9.45 – 10.00	Music, Health and Wellbeing at a British Conservatoire: A case study of research-led practice, embeddedness, and partnership – Sara Ascenso, PhD	Professional Contemporary Dancers becoming Mothers: Navigating challenges, vulnerabilities, disrupted habitus, and identity loss – Angela Pickard, MA, BEd				
10.00 – 10.15	COFFEE BREAK					
10.15 – 11.15	MUSIC KEYNOTE – Professor Aaron Williamon, Royal College of Music London					
11.15 – 12.30	Plenary 1 - MUSIC	Plenary 2 - GENERAL				
11.15 – 11.30	What highly experienced classical musicians can teach to music conservatoire students: a public interview project – Emese Hruska, MA, PgDip	Conservatoire Students' Views around Health in an Eastern European Country – Raluca Matei, PhD				

Saturday Continued

			POSTERS	WORKSHOPS	WORKSHOPS	WORKSHOPS
11.30 – 11.45	Occupational Health of Black American Jazz Musicians – Giulia Ripani, PhD	Stepping Out, Stepping Up: How UK Physiotherapists working in Performing Arts Medicine could join physiotherapists working in Sports and Exercise Medicine to develop an exemplar of Performing Arts Medicine Continuing Professional Development - Sarah Upjohn, EdD, MA; Alexander McKinven MSc	11.30–12.30 POSTER PARADE SESSION 3 Mental Health & Voice	11.30–12.30 Potent Practice: Empowering Musicians with Training Strategies for Long-Term Health and Resilience – Lisa Burrell, DMA	11.30–12.30 Techniques for Facilitating Breath in Singers Living with Lung Disease – Rachel Goldenberg, DMA	11.30–12.30 Breaking Down a Breaker Warm Up – Melody Hrubes, MD; Jennifer Janowski, PT, DScPT; Kelli Barton Schneider, PT, DPT
11.45 – 12.00	Between Harmony and Discord: Mental health, stressors, and personality styles among professional musicians – a large online survey in Germany – Isabel Fernholz, PhD	Substance Use amongst Working Musicians: A literature review of prevalence rates and contributing factors - Jeordie Shenton, MSc				
12.00 – 12.15	Beyond Inspiration Porn: Shaping a Disability-Inclusive Musical Performance Aesthetic – Dionna Bidny, MMus	Personalized Medicine and PAM: Improved data and knowledge sharing to empower performing artists and support increasingly individualized care – J. Matt McCrary, PhD				
12.15 – 12.30	Impact of COVID-19 on Musicians' Life: A systematic review - Céleste Rousseau, PhD, PT	Online Musculoskeletal PAM Assessments: a necessity or a solution? Nikos Reissis, MD				
12.30 – 13.30	LUNCH		Meetings – Young Professionals Committee; Educators Special Interest Group			

Saturday Continued

13.30 – 15.00	Plenary 1 - MUSIC	Plenary 2 - VOICE/MUSIC THEATRE				
13.30 – 13.45	Occupational Therapy Scope of Practice in Musicians' Health: A Scoping Review – Jeffrey Sabo, MA	Practical Clinical & Pedagogical Evaluations of Vibrato Variability: Vocal Vibrato Production, Perception, & Genre/Style – Theodora Nestorova, PhD				
			POSTERS			
13.45 – 14.00	Physiotherapy for Performing Artists across Different European Countries – Sarah Lesjak, MSc	A Comprehensive Performing Arts Health Curriculum in the Choral Ensemble: Moving Beyond 'Drink More Water' – Kourtney Austin, PhD	13.45–15.00			
			POSTER PARADE SESSION 4			
			Music & Dance	WORKSHOPS	WORKSHOPS	WORKSHOPS
14.00 – 14.15	Neurological Deficits Arising from Musculoskeletal Disorders: Common and underdiagnosed causes of performance-related pain among musicians – Ana Zão, MD	More than a Voice: Psychological aspects of vocal healthcare for performing artists – Luke Aldridge-Waddon, PhD		14.00–15.00 Tackling Mental Health in the Performing Arts: A population health approach – Claire Cordeaux, BA; Grace Meadows	14.00–15.00 Foot Intrinsic Exercises for Pointe Technique – Sarah Ederly-Altas, DPT	14.00–15.00 Young Professionals Workshop: Resumes – Taylor Mravec
14.15 – 14.30	Task Specific Tremor in Musicians: Definition, epidemiology, phenomenology, pathophysiology, and treatment options – André Lee, MD	How the Performance of Three Distinct Voice Pathology Groups in an Opera about Voice and Identity Changed Perspectives in Healthcare, Research, and Development – Thomas Moors, MD, MRCS(ENT)				

Saturday Continued

14.30 – 14.45	MUS-ST: Muscle stiffness among musicians with and without playing-related musculoskeletal disorders - A cross-sectional study – Cinzia Cruder, PhD	Voice Disorders among Professional/Vocational Voice Performers at a Performing Arts Clinic: Common presenting symptoms, risk factors and triggers for injury – Lucie Rayner, BSc, MSc	Poster Parade Continued	Workshop Continued	Workshop Continued	Workshop Continued
14.45 – 15.00	Myofascial Trigger Points and the Use of Dry Needling in Treatment for Musicians – The Major Chords in Dysfunction – David Mueller, DPT	Physiological Response to Musical Theatre: An Exploratory Case Study – Bonnie Kerlin, MS				
15.00 – 15.15	COFFEE BREAK					
15.15 – 16.15	PANEL: Healing the Rift: The need for body-mind integration in performing arts education and medicine – Monia Brizzi, MSc, Panel Chair; Mine Doğantan-Dack, PhD; John Crawford, LRSM, LTCL, MSTAT	PANEL: The Critical Role of Literacies in Translating Research into Practice in Performing Arts Medicine for Musicians and Healthcare Providers – Suzanne Wijsman, DMA, Panel Chair; Raluca Matei, PhD; Bridget Rennie-Salonen, PhD; Bronwen Ackermann, BSPT; Christine Guptill, PhD; Céleste Rousseau, MSc				
16.15 – 17.15	PAMA Annual General Meeting					
18.00 – 20.00	Young Professionals Social					

Sunday July 21st (Note: Both Plenary Sessions will be recorded and available to attendees for 1 month post symposium)

8.00 – 8.30	Registration Desk Open				
8.30 – 10.00	Plenary 1 - MUSIC	Plenary 2 - GENERAL / ACTING	Plenary 3 - CIRCUS		
8.30 – 8.45	Aerosol Emission from Playing Music and its Airborne Infection Risk – Carl Firle, MD	Analysing the impact on actor wellbeing of differing teaching discourses about how and why actors need to emote – Mark Seton, PhD	Common Injuries in Circus Artists: Literature Review – Mona Almazidi, MSc		
8.45 – 9.00	Cross Training Techniques to Improve Instrumentalist Fitness and Performance – Rose Schmieg, DHS; Michele Pye, PhD	Manifestations of Exhaustion: measures of physical, cognitive and emotional fatigue in higher education Directing students - Sofia Ornellas Pinto, BSc, MSc	Exploring the Source of Pain, Pain Perception and Pain Self-efficacy in Acrobatic Performers and Athletes - Bethany Shum, BSc, MSc		
9.00 – 9.15	Evidence Based Safe and Effective Return to Play Guidelines for the Musician Post-Injury: With Introduction to Emerging Technology for Practical Application – Sarah Jane Carlton, PT, DPT, MFA	On the Road Again: Essentials for a Touring Toolkit - H. Steven Sims, MD, FACS	WORKSHOP 9.00–10.00 Rehabilitation Exercises to Prepare an Aerialist for Return to Training – Emily Scherb, DPT	WORKSHOP 9.00–10.00 Collaborative practice: staying in your lane or sharing the route? Jenevora Williams, PhD; Maurice Goodwin M.S., CCC-SLP	WORKSHOP 9.00–10.00 Breaking down the fundamental movements of Bharatanatyam (Indian Classical dance) – Melvin Varghese, DPT
9.15 – 9.30	Musicalizing Medicine: Translating biomechanics into music teaching - Bronwen Ackermann, BSPT, PhD, MPH	Training PAM Practitioners: Building the Future - Hara Trouli, MD			
9.30 – 9.45	An Analysis of Musician Patients Presenting to a Specialist Hand Clinic in London – Andrew Mark Phillips, MA	Collaboration and Implementation of Comprehensive Voice Screenings for Singing Students between a University and a Clinic: An Educational Case Study – Theodora Nestorova, PhD			

Sunday Continued

9.45 – 10.00	The experience of ageing among professional classical musicians – Jane Ginsborg, PhD; Susanna Cohen, PhD				
10.00 – 10.15	COFFEE BREAK				
10.15 – 11.15	PANEL: Guidelines for Wind and Brass Instrument Players Returning to Play After Surgery – Finola Ryan, MBBS, Panel Chair; Alan Watson, PhD; Colm McGonigle, PhD; Ursula Paludan Monberg	PANEL: Incorporating Health, Wellness, and Injury Prevention Principles into Teaching Vocal/Instrumental Music and Dance (sponsored by the PAMA Educators Special Interest Group [SIG]) - Lea Pearson, DMA, Panel Chair; Bridget Rennie-Salonen, PhD; Filomar Tariao, MD; Andrea Elizabeth White, MA			
11.15 – 12.15	AWARDS - Poster Awards; Presidential Achievement Award; Life Achievement Award Closing Statements; PAMA 2025 - Announcements				
12.15	Symposium Adjourn				

POSTER PARADE - Friday 19th July
POSTER PARADE SESSION 1 (General & Education) [AM]

1. Establishing a Performing Arts Medicine Association in Spain: AMPAE – Isabel Artigues, MSc
2. Creation of the Association Française pour la Santé des Artistes de Performance : A journey to improve healthcare for French performing artists – Sébastien Martin, MSc
3. A New Performing Arts Health Hub at the Paris Regional Conservatoire: Construction, adaption, feedbacks – Céleste Rousseau, MSc
4. Medical Professionals Working with Technique Pedagogues: How we do it – Andrew Mark Phillips, MA
5. Music Physiology & Musicians' Medicine at German Universities of Music - New Concepts in Education and Training – Claudia Spahn, Prof. Dr. med., PhD
6. Organizational Structure of a Local Interdisciplinary Performing Arts Medical Organization – Liz Corwin, DPT
7. An Educational Duet: Harmonizing Musicians' Knowledge and Residents' Training in Performing Arts Medicine – Frances Ann B. Carlos, MD, MPM
8. Post-Secondary Music Students' Work and Health: An Institutional Ethnography Protocol – Mona Oikarinen, MScR
9. Find the Focus: Attentional focus strategies of music university students in different practice phases – Jesper Hohagen, PhD
10. Promoting Wellness and Performance in Chamber Music through Team Coaching – Christoph Wagner, DMA
11. Pain Neuroscience Education - An important part of a modern and evidence-based management in performing artists' health – Dirk Möller, PhD
12. Your teacher says you must practice in a healthy way. How do you know when you do it right? Norwegian music students' perceptions and experiences of challenges and resources for health. – Grete Ege, PT, MSc
13. Prevalence and Associated Factors of Performance-related Pain among Music Students versus Professional Musicians: A multicenter study using a validated tool – Ana Zão, MD
14. Circus Artists' Access to Medicine: Understanding where artists seek care – Nathan Hollister, MD

POSTER PARADE SESSION 2 (Music & Dance) [PM]

1. Is Deltoid Muscle Oxygenation and Perfusion Related to Reaction Time in Musicians Playing Stringed Instruments? A Pilot Study – Sule Kecelioglu, MSc, PT
2. Developing and Validating a Teaching and Learning Tool to Facilitate the Acquisition of Healthy Postural Habits and Body Technique by Violin and Viola Students: Synthesis of Research and Results - Julie Ferland-Gagnon, PhD, MMus, BMusEd
3. Measurement of Violinist's Performance Relating Scapular Dyskinesia using 3D scanner: a Pilot Study - Chang-Hyung Lee, MD, PhD
4. Occupational Health Problems of Guitar Players - Nabeel Zuhdi, BS, MM
5. Effects of a Short Body-oriented Intervention on Arm and Shoulder Muscle Tension during Instrumental Playing - Manfred Nusseck, PhD
6. The Occupational Health Problems of Violinists - Anagha Kapsi, BM
7. A kinematic motion analysis protocol supporting the clinical assessment of playing-related musculoskeletal disorders in drummers - David Snowdon, MSc
8. Returning to Dance after a Pseudojones Fracture: A Case Study – Ella Otto
9. Non-Traumatic Rib Fracture in a 23-year-old Ballet Dancer with RED-S - Juliet Peck, MBBS
10. Chronic Exertional Compartment Syndrome in a Professional Dancer: A case report - Carina Nasrallah, MSAT
11. The Impact of a Conditioning Program on Ankle Stability and Lower Leg Endurance in High School Dance Teams - Alexandra Pooley, MFA, MSc
12. Discussing Variations of Pole Modes (Spinning or Static) to Inform Physiotherapy-based Management of Shoulder Injury Prevalence in Pole Fitness - Jane Cole, BSc, MSc
13. Adolescent Dance-Related Injuries Before and After the COVID-19 Pandemic - Juan Ventura, MS
14. Contact Improvisation Dancers' Experiences of Risk in a COVID-19 Pandemic Context - Vanessa Reiser, MSc
15. Relationship between Eating Attitudes Test Scores and the COVID-19 Pandemic in First-Year University Dancers - Lauren McIntyre, ATC

POSTER PARADE - Saturday 20th July
POSTER PARADE SESSION 3 (Mental Health & Voice) [AM]

1. Mental Disorders and Personality Styles among Professional Musicians: Two systematic reviews – Isabel Fernholz, PhD
2. Assessing Student Performers in the Touring Environment: A Work in Progress – Jonah Schmitz, MSc
3. It was Always about Perfectionist Performance: Relationship between life satisfaction and health impairment in playing or singing of university music students – Anna Immerz, PhD
4. Positive and Negative Mental Health among Musicians: A Scoping Review – Giulia Ripani, PhD
5. Implementation of Simulation Training in the Educational Program of Music Students – Larissa Plaatsman, MSc
6. MPA Treatment En masse: A case for a group therapy treatment of music performance anxiety in college musicians – Steven Wasilczuk, BMusEd
7. Talking About Tension: Distinguishing Primary Muscle Tension Dysphonia from Compensatory Hyperfunction in Singers in Training – Theodora Nestorova, PhD, MM, MBA
8. The Singing Voice Rehabilitation Specialist: A singing teacher with extra steps, or a highly specialised professional? Jenevora Williams, PhD
9. Pulmonary Function Analysis and Differences among FACH Classified Opera Singers - Ricardo Fuentes-Saavedra, MD
10. Should Voice Rehabilitation Specialists Professionalise In The UK? Jenna Brown, MSc, MA
11. Unveiling the Thyroid and Singing Voice Connection – Sara Brites, MMus
12. A Vocal Manual Therapy Approach to Managing Laryngopharyngeal Reflux in Singers – Lydia Flock, MA
13. Ease the Sneeze: Navigating Allergy Season as a Professional Vocalist – Kate Cubley, MA
14. Relational Acupuncture for Voice Professionals: Fusing Ancient Tradition with Modern Science – Stephen King

POSTER PARADE SESSION 4 (Music & Dance) [PM]

1. Injury Awareness and Prevention Workshops - Do they have an impact? Nicola Goldsmith, MSc
2. Understanding Musicians' Headache: Impact of Work Conditions, Locus of Control, and Upper Body Pain – Irem Eliassen, MSc
3. Recognizing and Addressing Joint Hypermobility in Piano Students: From a Teacher's Perspective – Barbara Lister-Sink, EdD
4. The Lived Experiences of Instrumental Musicians with Hypermobility Spectrum Disorder – Tamlyn Harker, BMus, MMus
5. Does using both hands for similar or different tasks while playing an instrument affect simple reaction time and finger dexterity? A pilot study – Selnur Narin Aral, PhD
6. Using Platelet-rich Plasma to Treat Embouchure Dysfunction, a Case Series – Mei-Chen Yeh, MD
7. A Survey on the Impact of Medical Care in Wind and Brass Musicians in the United Kingdom – Devin Reddy, MMus
8. Can foot loading intervention influence the spinal stabilization of a pre-professional female cellist with a diagnosis of adolescent idiopathic scoliosis? A case study presentation - Suzanne Martin, DPT, BFA, MA
9. Strengthening Program for Musical Theater Performers – Maeve Talbot, BFA, DPT
10. Bone Health and Injury Risks in Adolescent Female Ballet Dancers: A Systematic Review of the Female Athlete Triad and Associated Factors – Rama Bhardwaj, BSc
11. Well in Dance: A collaboration between arts and science education in pre-vocational dancers – Sofia Ornellas Pinto, BSc, MSc
12. Ballerina Athlete Low-Energy, Nutritional, and Clinical Evaluation (BALENCE) – Stephen Fung, DO