



PAMA Performing Arts
Medicine Association

Abstract Guidelines

(Published September 24, 2021)

The PAMA symposium is designed to meet the research and practice needs of physicians, therapists, athletic trainers, educators, artistic directors, and other health care and performing arts professionals who seek to improve the well-being of performing artists.

All professionals and students are encouraged to submit an abstract. Submissions are not restricted to PAMA members.

We encourage the submission of a wide variety of evidence informed abstracts including those that are research or educational in nature (state of the art/science, evidence review and clinical updates) as well as proposals for workshops and panels. Please review the abstract worksheet (available for download on the PAMA website) prior to beginning your submission. Abstracts submitted to PAMA will undergo a blind review by the Research and Education Committees.

Important Information for Authors and Co-authors:

- All accepted abstract authors and co-authors will be required to complete a Conflict of Interest Reporting Form.
- All accepted abstract presenters will be required to pay the symposium registration fee and provide their own travel/accommodations.
- The scheduling of accepted abstracts will be determined by the symposium committee and cannot be changed.
- All abstracts accepted for a poster presentation will be automatically entered in to the poster competition and will be eligible for a prize. An

early electronic file, in PDF format, will be requested from poster authors one month prior to the symposium date for initial content evaluation for the competition.

- All presenters of an oral, workshop, or panel presentation will be required to submit any PowerPoint or video material they will be using during their presentation one month prior to the symposium date for initial evaluation of credit determination.

Important Points about Your Abstract:

- An author can be the first (submitting) author on only ONE abstract. An author can be a co-author on an unlimited number of abstracts. EXCEPTION: An author may submit two abstracts if one is for an oral/poster presentation and the other is for a workshop.
- Submissions will only be accepted via the form submission system. You must select the appropriate type of abstract you are submitting. See "Select your submission type" below.
- The abstract should be "blinded"; that is, nowhere in the body or title of the abstract should any author's name or institution be identified. See complete blinding instructions below.
- PAMA will not accept any abstract that contains, or may be interpreted as, an attempt to promote or sell any specific company, product, or service. Prior to submitting your abstract, you will be required to acknowledge this information.
- Explain exactly **WHAT** you will present. It is not sufficient to say that "The results of this study will be presented." or "Information will be presented."
- The content of the abstract must NOT exceed 350 words. This is the **TOTAL** of all sections of the abstract but does not include the title of the abstract. There are many word processing programs that will provide a word count. You may download a "worksheet" (available on the PAMA website) to begin working on your abstract submission. Once you are ready to submit, click the appropriate link on the PAMA website to begin. The content of your abstract **MUST** be entered (or copied from your worksheet and pasted) in to the appropriate field in the submission form.

DO NOT include: illustrations, tables, references, authors' biographical information. If your abstract is accepted you will have the opportunity to expand your original submission to include more information, references, etc.

Presentation Length:

Research Oral Presentation - 12 minutes for the presentation with an additional 3 minutes reserved for Q & A (total of 15 minutes).

Education Oral Presentation - 12 minutes for the presentation with an additional 3 minutes reserved for Q & A (total of 15 minutes).

Workshop Presentation - 30 minutes for the presentation followed by 30 minutes of interactive session (total of 60 minutes).

Panel Presentation - 60 minutes to be divided amongst panelists by the panel moderator.

Poster Presentation - Displayed in poster area on assigned day. Presenters will be available to discuss their findings during each of breaks (minimum 15 minutes/break).

Select your submission type:

Research

The RESEARCH abstract submission is designed for works that are primarily hypothesis driven and involve data collection, intervention, and an analysis or synthesis of data based on your hypothesis. This research can be in any of the scientific disciplines including but not limited to basic research, applied research, clinical research, and descriptive science research. Studies using robust qualitative inquiring methods are also appropriate for this type of submission.

Education

The EDUCATIONAL abstract submission is designed for projects that focus on teaching or informing the audience of a problem or concept related to an artistic discipline. Also, works that are case studies or case series should be submitted using this educational submission format.

Workshop

The WORKSHOP abstract submission is designed for projects that focus on teaching or informing the audience of a problem or concept related to an artistic discipline in an interactive manner. Workshops are meant to be an interactive lecture with live demonstration or audience participation. Authors are to strive toward 50% interactivity for the time allotted.

Panel

The PANEL abstract submission is designed for either research or educational based projects. A panel will consist of one panel chair and no more than three panelists.

This abstract submission type requires an overall panel abstract (350 words max) with educational objectives PLUS individual panelists and panel chair abstracts (250 word max each). Individual abstracts will include information on which overall objective the panelist is covering. The submitting author is responsible for entering ALL abstract submission information including the overall abstract AND the individual panelists abstracts at the time of submission. Incomplete submissions will not be considered. Please use the worksheet to ensure you have all required information before proceeding with this submission.

A limited number of panel presentations will be accepted. If your panel submission is not accepted, each panelist will be considered for an oral or poster presentation based on their individual panelist abstracts.

Blinding of Abstracts

The abstract should be “blinded” (i.e. all information that can identify any author or an author’s institution should be omitted from the abstract, including names of where the study was conducted).

How to ensure your abstract is blinded:

1. Do not include any authors' information including information about their credentials, specialties, and institutions. Any author's name and biographical information should not be included in your abstract. Authors' institutions cannot be named but can be vaguely described (e.g. "a tertiary medical center" or "a large university dance program in a major metropolitan area").
2. Do not use the name or the location of the group you are studying. However, a general description of the location or type of group is acceptable, such as "a large group of dancers in an elite university graduate program."

Example:

Not blinded (do not submit): As an orthopedic surgeon specializing in ankle injuries, Dr. Smith will be presenting a case series of surgically repaired ankle injuries from the NYU dance program....

Blinded (suitable to submit): A retrospective case series of ankle injuries from a university dance program in a large metropolitan city will be presented to

highlight important aspects of surgical care provided at a tertiary medical center.

Questions: Please contact us if you have questions:

PAMA Research Committee Chair at artsmedresearch@gmail.com

Dorry Allen at services@artsmed.org

Abstract submissions will be due October 25, 2021. There will be no extensions granted. The abstract submission system will close automatically at 11:59 p.m. (ET) on October 25, 2020.