

40th Annual PAMA International Symposium Schedule

This schedule is subject to change. Last update: May 16, 2022

Cannon, Musician

Thursday, June 23, 2022 Location Time Hyatt – Conference Lobby (2nd 7:00 AM Registration Flr) 8:00-8:15 Welcome and Introductions – Drs. Dave Hinkamp; Melody Hrubes; Maria Reese, Hyatt – Grand Ballroom Symposium Co-chairs; Dr. Lucinda Halstead, PAMA President 8:15-9:15 Shirley Ryan Ability Lab – Invited Speakers Hyatt – Grand Ballroom Hyatt – Grand Ballroom 9:15-10:15 Richard J. Lederman Lecture - Nancy Nies Byl, PT, MPH, PhD, FAPTA 10:15-10:45 Poster Presentations with Authors, Networking - Break Hyatt – Prefunction II (2nd Flr) Plenary Hyatt – Grand Ballroom Real-Time MRI as a Promising Tool in Clarifying Physiological and 10:45 HGB Pathophysiological Mechanisms of Embouchure and Support Functions in Wind Instrumentalists – Eckart Altenmüller, MD 11:00 The MRI Brass Repository Project: An MRI Video Repository for Brass Pedagogy HGB and Movement Disorder Research – Peter Iltis, PhD 11:15 Establishing a National Performing Arts Health Association in a Developing HGB Country: A Case Study – Bridget Rennie-Salonen, PhD 11:30 Creating a University-based Physical Therapy Clinic: Challenges and Lessons -HGB Catherine "Cassy" Turner, PT, DPT, PhD More Than Dance: Education and Medical Management of University Dance 11:45 HGB Students on Injury Management and Communication – Marissa Schaeffer, DPT 12:00-1:15 Lunch | Membership Committee and Young Professionals Committee (All ROOM(s) TBA (St. Clair Salons attendees are welcome to join these meetings, bring or buy a lunch) 1-3 Hyatt 3rd Flr) 1:15-2:15 Panel Discussion Hyatt – Grand Ballroom Oscars So White! Recognizing and Remedying Microaggressions in the Performing Arts – H. Steven Sims, MD 2:15-3:15 Workshops (Concurrent) Hyatt – Grand Ballroom (2nd PAM Medical Interview: Are you Ready to Explore? (Learning to interview PAM pts) – Hara Trouli, MD Flr) Healthy Hands & Functional Grip Strength: Principles & Practice Working with SR AbilityLab (10th Flr) Pole & Aerial Artists – Misty Austin, DPT Human Performance/Health Promotion Workshop – Tuning the Mind and Body – Hyatt – St. Clair Salon 1 (3rd Flr) John Chong, MD Valuable Strategies for Dancers and Dance Instructors to Enhance Performance Hyatt – St. Clair Salon 2 (3rd Flr) and Prevent Injuries – Sabrina Friehe, BSc Evaluating Prevalence and Purpose of Semi-Occluded Vocal Tract Exercises in the Hyatt – St. Clair Salon 3 (3rd Flr) Collegiate Voice Studio – Kristen Sullivan, DMA Hyatt – Prefunction II (2nd Flr) 3:15-3:45 Poster Presentations with Authors - Networking - Break 3:45-4:00 Athletes & the Arts Update – Randall Dick, FACSM Hyatt – Grand Ballroom 4:00-5:00 **Panel Discussion** Hyatt – Grand Ballroom Life and Health in the Blues – Moderator: Dave Hinkamp, MD; Erwin Helfer, Musician and Educator; Bruce Iglauer, Founder, Alligator Records; Toronzo

5:00	Adjourn	Hyatt – Grand Ballroom
5:30	Welcome Reception (Guests welcome)	Woodwind Rooftop Patio
hursday Poster S	ession (10:15 – 10:45 am AND 3:15 – 3:45 pm)	Hyatt – Prefunction II (2 nd Flr
	Standardized Subjective Examination Protocol to Evaluate Performing Artists' Musculoskeletal Health Status – Part I: Questionnaire Based Online Survey - <i>Florian Avermann, BSc</i>	
	Correcting Forward Head Posture and Rounded Shoulders in Collegiate Dancers: Strengthening versus Manual Release - Jordan Christie	
	How "In-tune" are Musicians to Their Musculoskeletal Problems? A Survey of Dancers, Instrumentalists, and Vocal Performers - <i>Patricia Colucci</i>	
	Safe and Sound: Quantifying and Comparing Sound Energy Levels of a Choral Ensemble - Kristen Sullivan, DMA	
	A Qualitative Investigation into Tertiary Student-Musician's Knowledge of Auditory Health Concepts and National Association of Schools of Music Auditory Health Mandates - <i>Meghan Taylor, MM</i>	
	The Exploration of the Initial Investigation for Health Problems Among Performing Artists in Japan - <i>Minako Uchino, MD</i>	
	Effects of an Online Hearing Conservation Program for College Musicians - David Wilkenfeld, EdD	
	A Pilot Study on the Behavior and Emotional Response of Dancers in Singapore After Sustaining Injuries - <i>Jennifer Yang, MD</i>	
	Occupational Health Problems of Chinese Speaking Musicians - <i>Cehuai Zhang,</i> MM	
Friday, June 24	, 2022	
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7:30 AM	Registration	Hyatt – Conference Lobby
8:00-8:15	Announcements – Drs. Dave Hinkamp; Melody Hrubes; Maria Reese, Symposium	Hyatt – Grand Ballroom
	Co-chairs	
8:15-8:30	Co-chairs Alice G. Brandfonbrener Tribute	Hyatt – Grand Ballroom
8:15-8:30 8:30-9:00	Alice G. Brandfonbrener Tribute Alice G. Brandfonbrener Young Investigator Award: Impact of Medical Cannabis on Recovery from Playing-Related Musculoskeletal	Hyatt – Grand Ballroom Hyatt – Grand Ballroom
8:30-9:00	Alice G. Brandfonbrener Tribute Alice G. Brandfonbrener Young Investigator Award: Impact of Medical Cannabis on Recovery from Playing-Related Musculoskeletal Disorders in Musicians: an Observational Cohort Study - Kat Cottrell, MBBS, BSc	Hyatt – Grand Ballroom
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8:30-9:00 9:00- 9:45	Alice G. Brandfonbrener Tribute Alice G. Brandfonbrener Young Investigator Award: Impact of Medical Cannabis on Recovery from Playing-Related Musculoskeletal Disorders in Musicians: an Observational Cohort Study - Kat Cottrell, MBBS, BSc Keynote - Weapons Safety and Injury Prevention - Flynn Smith, Asst Prop Master Chicago P.D. NBC/Universal	Hyatt – Grand Ballroom Hyatt – Grand Ballroom
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11:15	Musicians' Dystonia - a Matter of Genes and Practice? Johanna Doll-Lee, MD	HGB
11:30	The Influence of Adverse Childhood Experiences on Stress-Reactivity and the	HGB
	Development of Musician's Dystonia - Stine Alpheis, MSc	
	Plenary – Dance (concurrent with Plenary – General)	
10:15	A Multidisciplinary Team Approach to Management of a Professional Ballet Company - Courtney Gleason, MD; Amanda Blackmon, PT, DPT; Emma Faulkner, PT, DPT	Hyatt – Illinois Room (3 rd Fl)
10:30	Physical Therapy Management of Chronic Low Back Pain in Breakers: A Case Series Education - Ashley Houck, DPT; Rebecca Kesting, PT, DPT, OCS; Patti Cavaleri PT, DPT, OCS	Hyatt – Illinois Room (3 rd Fl)
10:45	Breaking Down Breaking: The New Olympic Sport - Kelli Schneider, DPT	Hyatt – Illinois Room (3 rd Fl)
11:00	Dance Training Load Measurement as a Tool for Improving Performance and Preventing Injuries - <i>Luís Xarez, PhD</i>	Hyatt – Illinois Room (3 rd Fl)
11:15	Comparison of Ankle and Foot Kinematics during Relevé in First Position Barefoot and En Pointe using a Multi-Segment Foot Model - <i>Kimberly Veirs, MPT, PhD, ATC</i>	Hyatt – Illinois Room (3 rd Fl)
11:30	Consider the Cuboid: A Rare Stress Fracture in a Dancer - Emma Desjardins, DO and Tracy Espiritu McKay, DO	Hyatt – Illinois Room (3 rd Fl)
11:45-1:00 PM	Lunch Education Committee and Pre-conference Course Debrief (All attendees are welcome to join the Education Committee meeting, bring or buy a lunch)	ROOM(s) TBA (Erie, Illinois, Michigan - Hyatt 3 rd Fl)
1:00-2:00	Panel Discussion Audition to Curtain Call: A Comprehensive In-House Medical Team Approach to Caring for Performing Artists – Elaine Winslow, MS, ATC, EMT (Moderator); Melody Hrubes, MD; Karen Kubicina, PT, DPT, OCS, ATC; Gail Marion Ayotte, MSEd, ATC, LAT, CKTP; Meg Schneider, MS, ATC; Lou Galli, DPM	Hyatt – Grand Ballroom
2:00 - 3:30	TOUR - Goodman Theatre Site Visit - <i>Scott Conn, Director of Production</i> <i>and Operations and Dave Hinkamp, MD, MPH</i> [limited space - prior registration required]	Goodman Theatre
2:00-3:00	Workshops (Concurrent)	
2:00-3:00	Workshops (Concurrent) Designing and Implementing a Performing Arts Health Course into an Undergraduate - Sarah Dunbar, DMA	Hyatt – Grand Ballroom
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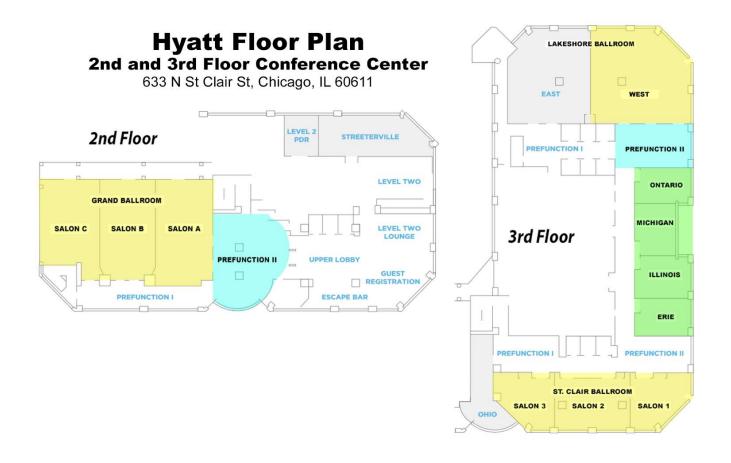
Friday Poster Sess	ion (9:45 – 10:15 am AND 3:00 – 3:30 pm)	Hyatt – Prefunction II (2 nd Fl)
	Injury Prevention Education Provided During Formal Drum Kit Training is Associated with Lower Frequency Reporting of Playing-related Musculoskeletal Disorders - Nadia Azar, PhD	
	Rethinking Use-Limiting Conditions: What Do We Know? Scott Homer, MD	
	Practice till it Hurts: Occurrence, Treatment and Anxiety Aspects of Playing Related Pain in Music Students - <i>André Lee, MD</i>	
	Performing Arts Triage: Happy Healthy Longevity - Sang-Hie Lee, PhD	
	Musicians' Hearing Concerns: an Audit Cycle of Presentations to a Performing Arts Medicine Helpline and Medical Clinic - <i>Finola Ryan, BMBS MSc (presented by</i> <i>Claire Cordeaux, BA)</i>	
	Standardized Subjective Examination Protocol to Evaluate Performing Artists' Musculoskeletal Health Status – Part II: Interview Based Anamnesis - <i>Heike</i> <i>Schemmann, MSc, PT (presented by Florian Avermann, BSc)</i>	
	Disability and Circus Arts – Sarah Tuberty, OTR/L	
Saturday, June	25, 2022	
Time		
7:30 AM	Registration	Hyatt – Prefunction 3 rd Flr
8:00-8:15	Announcements – Drs. Dave Hinkamp; Melody Hrubes; Maria Reese, Symposium Co-chairs	Hyatt – Lakeshore Ballroom West (3 rd Fl)
8:15-9:15	Plenary - General	
8:15	Swim-up Barre: the Benefits of and Video Demonstration of Aquatic Exercises for Dancers - <i>Katie Rodrick, ATC</i>	Hyatt – Lakeshore Ballroom West (3 rd Fl)
8:30	Length from Strength: Lessons Learned Implementing a Strength and Conditioning Program for a Major Modern Dance Company - Andrew Schaeffer, BA; Antoine Simmons, MA	Hyatt – Lakeshore Ballroom West (3 rd Fl)
8:45	Validation of the Portuguese Online Version of the Musculoskeletal Pain Intensity and Interference Questionnaire for Musicians - MPIIQM-Pt: the First Questionnaire Validated for Portuguese Musicians - Ana Zão, MD	Hyatt – Lakeshore Ballroom West (3 rd Fl)
9:00	Steppenwolf Theatre Company - Brooke Flanagan	Hyatt – Lakeshore Ballroom West (3 rd Fl)
8:15-9:15	Panel Presentation: Twenty Years of Innovation at an Integrative Hospital-Based Clinic for Creative and Performing Artists - <i>Vicki Hawkins, BScPT; Shelly-Anne Li, MSc; Leisa Bellmore, MSc, ST</i>	Hyatt – Lakeshore Ballroom West (3 rd Fl)
9:15-10:15	Plenary - Music and Psychology (concurrent with Plenary – AGB Runner-ups)	
9:15	Performance Training: Documentation of a Musicians' Health Pilot Project with Focus on Coping with Music Performance Anxiety - <i>Gail Schwarz, MMus</i>	Hyatt – Lakeshore Ballroom West (3 rd Fl)
9:30	The Mental Health of Performing Artists – The Impact of COVID-19 - Claire Cordeaux, BA	Hyatt – Lakeshore Ballroom West (3 rd Fl)
9:45	The Relationship of Muscle Activity, Contact Pressure on the Mouthpiece and Volume Level when Playing the Trombone - an Exploratory Cross-sectional Study - Dirk Möller, PhD	Hyatt – Lakeshore Ballroom West (3 rd Fl)
10:00	Rates of Fatigue and Recovery in Instrumental Musicians – Quantification and Basis for Work:Rest Ratio Development - <i>J. Matt McCrary, PhD</i>	Hyatt – Lakeshore Ballroom West (3 rd Fl)
9:15-10:15	Plenary - Alice G. Brandfonbrener Young Investigator Award Runner-ups (concurrent with Plenary – Music and Psychology)	

9:15	Playing-related Musculoskeletal Disorders, Risk Factors and Preventive Behaviours in Amatuer Musicians - <i>Celeste Rousseau, MSc</i>	Hyatt – Illinois Room (3 rd Fl)
9:35	Playing Related Musculoskeletal Disorders, Risk Factors and Treatment Efficacy in a Large Sample of Oboists - <i>Heather Macdonald, MMus</i>	Hyatt – Illinois Room (3 rd Fl)
9:55	Enabling Access to Healthcare; Perspectives from Artists Who Access Subsidized Health Services - <i>Shelly-Anne Li, MSc</i>	Hyatt – Illinois Room (3 rd Fl)
10:15-10:45	Poster Presentations with Authors - Networking - Break	Hyatt – Prefunction 3 rd Flr
	Plenary – Music (concurrent with Plenary – General)	
10:45	The Effects of State Anxiety on Practice Behaviors in Expert Pianists - Edoardo Passarotto, MSc	Hyatt – Lakeshore Ballroom West (3 rd Fl)
11:00	Motion Analysis Protocol for the Clinical Evaluation of Playing-related Musculoskeletal Disorders in Violinists, Violists, and Cellists - <i>Eduard Wolf, MSC;</i> <i>Florian Avermann, BSc</i>	Hyatt – Lakeshore Ballroom West (3 rd Fl)
11:15	Assessing Dynamic Pattern Analysis Methods for Tracking Variation in Pianists' Posture across Playing Conditions - <i>Jillian Beacon, MA</i>	Hyatt – Lakeshore Ballroom West (3 rd Fl)
11:30	Focal Hand Dystonia in Musicians - Eileen McGonigal, PhD	Hyatt – Lakeshore Ballroom West (3 rd Fl)
11:45	Music Performance Anxiety and the Italian Sport Psychology S.F.E.R.A. Model: An Explorative Study on 77 Professional Musicians - <i>Luca Mazzon, MSc, BSc</i>	Hyatt – Lakeshore Ballroom West (3 rd Fl)
	Plenary – General (concurrent with Plenary – Music)	
10:45	Longitudinal Case Study of the Role of Astaxanthin in Treatment of Glottal Dysplasia in a Vocal Professional: Potential Adjuvant or Solo Therapy? <i>Courtney Tipton, MD</i>	Hyatt – Illinois Room (3 rd Fl)
11:00	Voice Outcomes following Nasal Airway Remodeling: A Systematic Review with Meta-analysis - Uneeb Qureshi, MD	Hyatt – Illinois Room (3 rd Fl)
11:15	The Experienced Impact of the COVID-19 Pandemic on Resilience, Age, Qualification, Income and Artistic Activity among Performing Artists in South Africa - <i>Clorinda Panebianco, PhD</i>	Hyatt – Illinois Room (3 rd Fl)
11:30	Let's Get Up & Move! Physical Therapy/Stretching/Ergonomics to Improve Musicians' Tone - Jason Terry, DMA; Dana Daniel Blake, PT, DPT, OCS	Hyatt – Illinois Room (3 rd Fl)
11:45	Self-monitoring of Muscle Tone During Piano Practice - Maria Holian, MA	Hyatt – Illinois Room (3 rd Fl)
12:00-1:00 PM	Lunch Research Committee (All attendees are welcome to join the Research Committee meeting, bring or buy a lunch)	ROOM(s) TBA
1:00-2:00	Panel Presentation Optimizing Health in the Performing Arts: Jaime Dias Delgado, LCSW Actors Fund Central Region, Scott Conn, Director of Production and Operations Goodman Theatre - Jennifer Janowski, DScPT, Physical Therapist Athletico/ Joffrey Ballet	Hyatt – Lakeshore Ballroom West (3 rd Fl)
2:00-3:00	Workshops (Concurrent)	
	Toward a Standard Model of Peak Performance Training: Applications Across All Performance Domains - Patrick Gannon, PhD	Hyatt – Michigan Room (3 rd Fl)
	NASM Accreditation Health and Safety Standards: Lessons from a Mid-sized School of Music Housed within a Public University - <i>Kris Chesky, PhD; John Korak, DMA, MM</i>	Hyatt – Illinois Room (3 rd Fl)
	An Off-instrument Retraining Program for Musicians' Focal Hand Dystonia - Bronwen Ackermann, PhD	Hyatt – Lakeshore Ballroom West (3 rd Fl)
	Pre-class Neuromuscular Warm-up for Prevention and Self-management of Cervical Spine and Shoulder Dysfunction in Dancers - Sally Donaubauer, DPT, OCS; Natalie Imrisek, MSPT, CSCS	Hyatt – Erie Room (3 rd Fl)
	Optimizing Vocal Performance: a Framework for Customizing Efficient and Effective Warmups - <i>Melanie Tapson, MSc</i>	Hyatt – Ontario Room (3 rd Fl)
3:00-3:45	Poster Presentations with Authors - Networking - Break	Hyatt – Prefunction II (3 rd flr)
3:45-5:00	PAMA Annual General Meeting & Announcement of Poster Competition Winners	Hyatt – Illinois Room (3 rd Fl)
5:00	Adjourn	Hyatt – Illinois Room (3 rd Fl)

5:15	Participant Performance	Hyatt – Illinois Room (3 rd Fl)
6:30 - 8:00 PM	Salons (optional – registration opening soon)	Destinations TBA
Saturday Poster S	ession (10:15 – 10:45 am AND 3:15 – 3:45 pm)	Hyatt – Prefunction 3 rd Flr
	Examining Issues of Healthcare and Treatment Accessibility in US-Based Early Music and Theatre Performance Communities Prior to and During the COVID-19 Pandemic - <i>Esteban Padilla, BS</i>	
	Seeking Instrumental Fit for Fiddling-Perceptions on Optimising the Interface between Violin and Player - Ju-Yang Chi, MSc (presented by Bronwen Ackermann, PhD)	
	The Value of a Backstage Health Clinic for Band and Crew Members on a Touring Music Festival - <i>Michael Eaton, DO</i>	
	Integrating Feldenkrais Awareness Through Movement Lessons into a Music School Curriculum: Student and Faculty Perceptions - <i>Mark Erickson, PT</i>	
	Does Playing Music Influence the Rehabilitation of a Maxillofacial Defect Patient? Mariko Hattori, PhD; Satoshi Obata, PhD; Hiroshi Churei, DDS, PhD	
	Anthropometrics: Adapting Industrial, Military and Clothing Design Techniques for Non-Classical Keyboardists - <i>Jacqueline Henderson, PhD</i>	
	Are there Performance-enhancing Drugs in the Musician World? Jeremy Stanek, MD	
	Mindful Movement in Early Childhood Music Lessons: Preparing Students for a Lifetime of Sound Practice - <i>Lesley McAllister, DMA</i>	
	Ankle Weights for Improving Strength and Fitness in the Dance Class Setting - Clare Weigert	
	Reflections IN and ON Practice: A Cellist's Search for Meaning - <i>Estelle Kemp, BMus</i>	
Sunday, June 2	6, 2022	
Гime		
8:00 AM	Sessions Begin	
8:00 - 9:00	Workshops (Concurrent)	
	Non-Patterning: Centering Individuality in Dance-focused Somatic Experiences - Elizabeth Shea, MS	Hyatt – Erie Room (3 rd Fl)
	Screening on the Screen: Comprehensive Virtual Assessment for Performing Artists During a Pandemic - Paola Savvidou, DMA; Kristen Schuyten, DPT	Hyatt – Michigan Room (3 rd Fl)
	Clinical Implementation of Electromyography in Neuromuscular Diagnosis and Biofeedback-training in Performing Artists' Health - Dirk Möller, PhD	Hyatt – Lakeshore Ballroom West (3 rd Fl)
9:00-10:45	Plenary - Medical and Rehabilitation	
9:00	A Motor-Behavioral Framework Toward Task-Oriented Rehabilitation for Performing Artists - <i>Peter Stein, DC, PhD</i>	Hyatt – Lakeshore Ballroom West (3 rd Fl)
9:15	A Case of Saphenous Neuritis in an Eighteen-Year-Old Female Cello Player, and a Review of Up-to-Date Management Strategies - Ashkan Salamatipour, DO	Hyatt – Lakeshore Ballroom West (3 rd Fl)
9:30	Intra-operative use of a Keyboard to Assess Adequacy of Bone and Tendon Repair in Pianists having Hand Surgery under Local Anaesthetic - <i>Sunil Auplish,</i> <i>MD</i>	Hyatt – Lakeshore Ballroom West (3 rd Fl)

9:45	Do Far Transfer Effects Require Near Transfer Effects? Piano-induced Adaptations within Music-related and Non-music-related Domains - <i>Florian Worschech, MSc</i>	Hyatt – Lakeshore Ballroom West (3 rd FI)
10:00	The Mental Health of Collegiate Dancers during the 2020 COVID-19 pandemic: A Case for Support - Kathleen Gaines, BA	Hyatt – Lakeshore Ballroom West (3 rd Fl)
10:15	Setting the Standard: Education, Baseline Assessment and Return After Concussion in Performing Arts - <i>Kristen Schuyten, DPT</i>	Hyatt – Lakeshore Ballroom West (3 rd Fl)
10:30	Validity and Reliability of the Musicians' Health Literacy Questionnaire, MHL-Q19 – Christine Guptill, PhD	Hyatt – Lakeshore Ballroom West (3 rd Fl)
10:45 - 11:15 AM	Closing Remarks & Symposium Adjournment – Jason Hu, MD; Drs. Dave Hinkamp; Melody Hrubes; Maria Reese, Symposium Co-chairs	Hyatt – Lakeshore Ballroom West (3 rd Fl)

On days the breakout rooms at Hyatt are not in use for workshops, they should be available for rehearsals for participant performance.



Shirley Ryan AbilityLab Floor Plan 10th Floor Sky Lobby, Conference Center, and Garden

355 E Erie St, Chicago, IL 60611

