

I've Learned a Thing or Two



Lessons from a retired transgender athlete

BEGINNING



AGENDA



Thanks

Introduction

Questions & Answers

Poll Results

Recommendations

Conclusion



PAMA

Ron Lancaster

Johns Hopkins

John Chong

THANKS

Jennifer Lancaster

Lucy Lancaster

SPOUSE

VOLUNTEER

FAMILY PHYSICIAN

TEACHER

CITIZEN SCIENTIST

PARENT

INTRODUCTION

CIVIL RIGHTS ACTIVIST

SPEAKER

CHAMPION GOLFER

INTERPRETIVE NATURE GUIDE

AUTHOR



Transition

Discrimination

Unemployment

Free time



QUESTIONS

&

ANSWERS

What was your experience like as
a professional golfer?

2013 US Women's Open Golf Championship Qualifier





THE MEDIA CAME CALLING...









Transgender alumna speaks to med students

Almost 40 years ago, Robert Lancaster was an intern for chief resident Paul O'Byrne, now dean and vice-president of the Faculty of Health Sciences at McMaster University.

This fall, Bobbi Lancaster, a McMaster medical graduate of 1978, family physician in Arizona, professional golfer, author and transgender woman was the keynote speaker at the annual Founders' Dinner for the second-year students of the Michael G. DeGroote School of Medicine.

Her talk about her life, the challenges,

her stumbles through medical school including guidance from the late faculty member Ronald McAuley, her career success, family and her transition at age 60 was warmly received.

"Bobbi is very courageous, a change maker who has a story that is inspirational and builds understanding. I'm very proud of her, and glad she brought her message to our students," said O'Byrne.

Her inspiring presentation is available on the Faculty of Health Sciences' YouTube channel at <http://bit.ly/2AHvCWy>.



Do you think it was fair that
you were allowed to
compete against women?

Terry Miller

Andraya Yearwood

Lia Thomas

Hailey Davidson

Laurel Hubbard

...kind of...

World Rugby

World Athletics

Revised Gender Policies

World Aquatics

Canadian Centre for
Ethics in Sports

World Fencing

Does everyone agree with the
new policies?

Transgender rights groups
everywhere

Dr. Joshua Safer

Dr. Joanna Harper

Self-reflection

Dr. Ada Cheung

Dr. Bradley Anawalt

Golf Week (USA Today)

Podcasts

Cactus Tour

LPGA

USGA

NCAA

Keeping men out of women's sports

Are there only
two genders?

NO.

Are there only
two sexes?

Sarah

X-Linked Recessive

xq11

Testosterone Receptors

Failure of Virilization

CAIS

Disorders of Sexual
Development

PAIS

Wow, that was complicated.

What about gender, then?

SOCIAL CONSTRUCTS

dress

activities

occupations

aesthetics

athletics

norms

INDIVIDUAL CHOICE

gender fluid

non-binary

agender

2 spirit

and over 100 other descriptors

Can you comment on what is meant by transgender ideology?

RESPECT

HUMAN RIGHTS

DIGNITY

MEDICAL CARE

VALUE

LIBERAL

PRIVACY

UNIQUE

DYSPHORIA

PARENTAL RIGHTS

BIOLOGY

MALE OR FEMALE

GROOMING

DISHONEST

DANGER

NO GAC

CONSERVATIVE

BOOKS

SPORTS BANS

BINARY

FEAR

FETISH

PERVERSION

There appears to be a lot more transgender/non-binary young people.

What's going on?

Acceptance

Social contagion?

Grooming?

Profitable?

Vocabulary

Role models

Support systems

Rapid onset gender dysphoria?

Have you heard about the
Cass Report?

EXPONENTIAL GROWTH

NO RCTs

LITTLE EVIDENCE

TRAJECTORY

PSYCHOEDUCATION

MANDATORY LIVED EXPERIENCE

Has there been pushback?

SCHOLARS

NORTHWESTERN

OREGON HEALTH & SCIENCE

YALE

86 YEARS EXPERIENCE

278 PAPERS

4800 TRANSGENDER YOUTH

- Not exponential
- Many observational and case studies
- RCTs unethical
- Psychoeducation = disguised conversion therapy
- Mandatory lived experience is cruel
- GAC is not causative

What's it like to be a transgender person in today's world?

costco

clothing store

civility

bullying

poverty

depression/suicide

assault

murder 32-350

sex trafficking

survival crime

healthcare challenges

rejection

homelessness

criminal

We've heard that a lot of
transgender people regret
transitioning

Do you share in this regret?

Regret - Statistics

• Buying a house	93%
• Breast reconstruction	47.1%
• Consent for Intersex surgery	>33%
• Body contouring	33%
• Radical Prostatectomy	19.5%
• Tattoo	16.2%
• Kids	7%

Regret - Statistics

US Military study concluded 30% of transgender personnel regret transition

Recent JAMA-published study of TNB youth found 97% satisfaction

<1% Regret

Personal Regret

Heavy stuff!

How about telling us another golf story...

maybe a short one?

Distraction



Focus



Preparedness



Being all In

POLL RESULTS

Question	Yes	No
Do you believe that performing artists are athletes?		
Do you think that trans women should be excluded from roles traditionally played by cisgender women performing arts?		
Do you think that trans women should be restricted from using spaces like bathrooms and dressing rooms designated for female performers?		
Do you think the performing artist community is more accepting of transgender people than the broader public?		
Do you think emotional and psychological health of a transgender performer is being assessed during an encounter with a PAMA professional?		

Question	Yes	No
Do you believe a person's gender presentation is inherently deceptive if it differs from their assigned sex at birth?		
Do you feel social or professional pressure to accept and use a trans person's identity and pronouns?		
Do you believe transgender individuals should have equal human rights as everyone else?		
Do you have any comments you wish to share with the presenter?		

RECOMMENDATIONS

1. Holistic; Screening; List
2. Prepare; Focus; All In
3. Leave ideology at the door

4. Prepare for a transgender performing artists ban

5. Be cautious

6. Pre & Post studies

ENDING



“It is not our differences that divide us; it is our inability to recognize and accept and celebrate those differences.”

- Audrey Lorde, African American writer, poet, lesbian, civil rights activist

My Superpower



Dr Bobbi Lancaster

- bobbigolf2629@gmail.com
- Keynote and References:
- Bobbi's books
 - ❑ The Red Light Runner
 - ❑ My Friend Flutter
 - ❑ Putting Down Roots
 - ❑ The Doctor is In
 - ❑ From Paris I Came



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