

tamed,
German Association for Dance Medicine

Call for Abstracts

**14th Congress of Dance Medicine:
June 1st – 3rd, 2018 in Frankfurt/Main, Germany
Hochschule für Musik und Darstellende Kunst**

The 14th Congress of Dance Medicine offers the possibility for scientific and practical exchange on two general topics: promoting health through dance and promoting health for dancers, dance teachers, dance creators and ballroom dancers.

For the first time, the congress will take place in cooperation with the German Association for Music Physiology and Musician's Medicine (DGfMM), which will present guest lectures on topics relating to health promotion for musicians and singers.

We respectfully welcome you to submit presentation proposals for the program from the areas of clinical and practical dance medicine, dance medical research, dance science, theory of training, physiology, nutrition, psychology and pedagogy.

Contributions from the field of Musician's medicine are introduced into the program exclusively by the German Association for Music Physiology and Musician's Medicine (DGfMM).

The closing date for entries is October 15th, 2017.

**The variety of possible formats can be found at the end of this call for abstracts.
The entries should take into account the two thematic blocks:**

Promoting health through dance

What concrete effects does dance have on the health of the various groups of society? Where are the possibilities and the potential for dance in preventive medicine? These are the central questions for this thematic block.

To be put up for discussion, entries and matters of investigation should focus on the field of either:

- dance for children
- dance with seniors
- dance and inclusion
- dance in primary and secondary prevention, as well as in rehabilitation of:
 - musculoskeletal diseases,
 - neurodegenerative diseases,
 - cardiovascular diseases,
 - oncological diseases,
 - psychological diseases.

Promoting health for dancers and dance creators

The basis for these entries should be the maintenance and rehabilitation of the health of dancers, dance teachers and dance creators from all types of dance, from recreational dance all the way to professional dance.

To be put up for discussion, entries and topics of investigation, as well as problem-solving approaches should focus on the field of either:

- promotion of health of dancers
- prevention of injuries
- dance-specific injuries and diseases
- rehabilitation of injuries
- nutrition
- stage fright and fear of failing
- mental training and coaching
- self-care and stress management
- risk factors in the working place
- planning and monitoring of training
- performance diagnostics in professional dance and competitive dancing as high-performance sport.

Organizational points:

The congress entries are selected by a scientific committee, which evaluates the abstracts according to the following criteria:

- relevance for research and practice of dance medicine
- relevance for the practice of dance
- correctness of scientific process
- ability to comprehend and being up to date.

The official languages of the congress are both German and English. Abstracts may be submitted in either language. The committee reserves the right to change the format of entries according to programmatic necessities.

Presenters gain admission to all days and formats of the Congress for a fee of 50 €. Travel and subsistence expenses cannot be paid by tamed e. V..

Abstracts can be submitted exclusively online at:

www.kongress.tamed.eu

Formats for presentations:

- short lectures (10 minutes)
- standard lectures (15 minutes)
- long lectures (30 minutes)
- case presentations - (15 minutes)
for the presentation of selected clinical cases.
- workshops (60 minutes)
- discussion of specialty subjects (60 minutes)
One or more speakers can introduce a subject and lead the subsequent discussion with the participants.
- poster presentations

Guidelines for the preparation of your abstract as well as information about the various formats can be found at: www.kongress.tamed.eu

The closing date for submission is October 15th, 2017.

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tamed is the largest active organization for Dance Medicine in Germany, Austria and Switzerland.

“We are committed to promoting health through dance and for the dancers of all dance areas. Our goal is to promote dancers’ health and quality of life of dancers in the entire German-speaking world and to provide the optimal conditions for this endeavor. Along with trainers, sports and exercise scientists, teachers, therapists and doctors we dedicate ourselves to all dancers – from recreational dancers to professionals – on a scientific base.”

By regularly organizing the Congresses for Dance Medicine, tamed promotes the exchange and networking of all professional groups who are concerned with the health of dancers and dance creators. The goal of the Congress is to provide and disseminate up-to-date findings and to allow for networking of those professionally active in dance and dance medicine.

We look forward to your entries and to a lively exchange of ideas from all the realms of research, teaching and practice!
